1. Think before your act. Determine the safest way to complete the task.
2. Before working, ensure you are properly trained.
3. Wear the proper clothing, footwear & PPE for the task.
4. Check that equipment & tools are in good working condition prior to use.
5. Report injuries, accidents, close calls & unsafe work conditions to management.
6. Keep the workplace clean & uncluttered.
7. Use proper lifting techniques. Don’t lift with your back.
8. Follow the safety rules for your workplace.
9. Expect the unexpected. Have a plan ready in case of injury or emergency.
10. Safety is everyone’s responsibility. Be proactive about workplace safety.